

HEALTH & WELLBEING BOARD

Subject Heading:

Havering Federation: an update on Social Prescribing in Havering

Board Lead:

Report Author and contact details:

Dr Meera Kalathara, Havering Health Board member

The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

<input type="checkbox"/>	<p>The wider determinants of health</p> <ul style="list-style-type: none"> • Increase employment of people with health problems or disabilities • Develop the Council and NHS Trusts as anchor institutions that consciously seek to maximise the health and wellbeing benefit to residents of everything they do. • Prevent homelessness and minimise the harm caused to those affected, particularly rough sleepers and consequent impacts on the health and social care system. 										
<input type="checkbox"/>	<p>Lifestyles and behaviours</p> <ul style="list-style-type: none"> • The prevention of obesity • Further reduce the prevalence of smoking across the borough and particularly in disadvantaged communities and by vulnerable groups • Strengthen early years providers, schools and colleges as health improving settings 										
<input checked="" type="checkbox"/>	<p>The communities and places we live in</p> <ul style="list-style-type: none"> • Realising the benefits of regeneration for the health of local residents and the health and social care services available to them • Targeted multidisciplinary working with people who, because of their life experiences, currently make frequent contact with a range of statutory services that are unable to fully resolve their underlying problem. 										
<input type="checkbox"/>	<p>Local health and social care services</p> <ul style="list-style-type: none"> • Development of integrated health, housing and social care services at locality level. 										
<input type="checkbox"/>	<p>BHR Integrated Care Partnership Board Transformation Board</p> <table border="0"> <tr> <td>• Older people and frailty and end of life</td><td>Cancer</td></tr> <tr> <td>• Long term conditions</td><td>Primary Care</td></tr> <tr> <td>• Children and young people</td><td>Accident and Emergency Delivery Board</td></tr> <tr> <td>• Mental health</td><td>Transforming Care Programme Board</td></tr> <tr> <td>• Planned Care</td><td></td></tr> </table>	• Older people and frailty and end of life	Cancer	• Long term conditions	Primary Care	• Children and young people	Accident and Emergency Delivery Board	• Mental health	Transforming Care Programme Board	• Planned Care	
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SUMMARY

The Health and Wellbeing Board received two items in November 2019 about Local Area Co-ordination and social prescribing. Havering Federation (on behalf of primary care networks) has been asked to present to the Board the progress that has been made by Primary Care Networks in developing GP social prescribing in Havering.

NHS ten-year plan requires established primary care networks (PCN). Social prescribing link workers will work as a key part of the PCN multidisciplinary team. Social prescribing can help PCNs to strengthen community and personal resilience and reduces health and wellbeing inequalities by addressing the wider determinants of health, such as debt, poor housing and physical inactivity, by increasing people's active involvement with their local communities. It particularly works for people with long term conditions (including support for mental health), for people who are lonely or isolated, or have complex social needs which affect their wellbeing.

There will be four PCNs across Havering general practice landscape. All four PCNs are in the process of exploring best options to commission social prescribing service. To date, two of the four PCNs are in advanced stages of procuring the service from third sector. The PCNs are required to commission the service as soon as possible to demonstrate readiness.

However, mindful of the need to engage with the borough, a joint meeting between the Health and Local Authority is planned towards the end of January to explore local options. Further update on the outcome of the meeting will be provided at the next meeting,

Havering Health GP Federation is acting in the supporting capacity. Havering Health is facilitating discussions where possible to support the PCNs in their development phase.

RECOMMENDATIONS

For the Board to note progress update, taking into account reports received in November 2019 regarding Local Area Co-ordination and Compendium Connectors.

REPORT DETAIL

Nothing further to add

IMPLICATIONS AND RISKS



Havering

LONDON BOROUGH

None

BACKGROUND PAPERS

None